





2008 Gym Schedule

Effective November 2008

896-5678

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 am							
6:00 am		OPEN GYM					
7:00 am		5:00 AM – 10:00 AM		OPEN GYM 5:00 AM – 10:00 AM		OPEN GYM 7:00– 8:45 AM	OPEN GYM 7:00– 9:00 AM
8:00 am							
8:30 am							
9:00 am							
9:30 am						Tumbling & Gymnastics 8:45 - 10:15 AM	Adult (16 yrs. +) Pick-up Basketball 9:00 AM – 12:00 NOON
10:00 am							
10:15 am	OPEN GYM 5:00 AM 6:00 PM	Boot Camp 10 AM- 11 AM (Entire Gym in Use)	OPEN GYM 5:00 AM– 6:00 PM	Boot Camp 10 AM- 11 AM (Entire Gym in Use)	OPEN GYM 5:00 AM – 10:30 PM	OPEN GYM 10:15 AM – 8:00 PM	
10:30 am							
11:00 am							
11:30 am							
12:00 pm		Open Gym 11 AM - 12:30 PM					
12:15 pm							
12:30 pm							
12:45 pm							
1:00 pm				OPEN GYM 11:00AM – 6:00 PM			
1:15 pm							
1:30 pm		Omega School 1:00 PM - 2:00 PM					
2:00 pm							
2:15 pm						\$ Birthday Parties \$ 12:00 – 8:00 PM (1/2 gym in use, only when a party is booked)	
2:30 pm							\$ Birthday Parties \$ Noon – 6:30 PM (1/2 gym in use, only when a party is booked)
3:00 pm							
3:15 pm							
3:30 pm							
4:00 pm		Open Gym 1:30 PM 10:30 PM					
4:15 pm							
4:30 pm							OPEN GYM Noon– 7:00 PM
5:00 pm							
6:00 pm				Jr. Basketball Clinic 6:00 PM – 7:00 PM	\$ Birthday Parties \$ 4:00 – 7:30 PM (1/2 gym in use, only when a party is booked)	OPEN GYM 1:30 PM – 8:00 PM	
6:30 pm							
7:00 pm							
7:15 pm							
7:30 pm	Adult (16 yrs. +) Pick-up Basketball Games 6:00 – 10:00 PM		Adult (16 yrs. +) Pick-up Basketball Games 6:00 – 10:00 PM	Adult (16+) Soccer Pick-up Games 7:00 PM – 10:00 PM	OPEN GYM 5:00 AM – 10:30 PM		
7:45 pm							
8:00 pm							
8:15 pm							
8:30 pm							
9:00 pm							
9:30 pm							
10:00 pm							
10:30 pm							

KEY

-  1/2 Gym in use
-  Entire Gym in use
-  Open Gym
-  Gym Closed

*Schedule subject to change without notification. Please see reverse side for more information on programs and activities.