

**Catch the
Excitement!**

ALL SPORT FISHKILL

HEALTH & FITNESS CLUB

About Us

All Sport Fishkill is the premiere health and fitness club of the Hudson Valley. Locally owned and run in the village of Fishkill since 1979, the club is located on it's own 6 acre wooded park. A variety of fitness options are available indoors and out. All Sport Fishkill has the latest in classes and equipment. Programs, activities and special events for children and adults are held throughout the year. Summer day camp for children held during the summer months.

The staff at All Sport Fishkill are friendly, helpful and well qualified. All employees are CPR certified. Check out our website at allsportfishkill.com to hear about the latest offerings at the Hudson Valley's most exciting health club!

Pizza for parties supplied by:

Pizza Phil
973 Main Street, Fishkill
845-896-1515



All Sport Fishkill Birthday Blasts

17 Old Main Street
Fishkill, NY 12524



activities@allsportfishkill.com
845.896.5678, ext. 103



BIRTHDAY PARTIES

at All Sport Fishkill

**All new for 2009!
Themed Parties!**



**Birthday parties
are a blast at
All Sport Fishkill!**

**ALL SPORT
FISHKILL**
HEALTH & FITNESS CLUB

845-896-5678

allsportfishkill.com

More Choices, More Fun!

**ALL SPORT
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fun parties for active kids!

Party Activity Choices

Dress Up Tea Party ages 5 and up

Bring your favorite doll for a fancy tea party. Enjoy favorite American Girl activities, games, stories and of course, tea and goodies!



Nerf Dart Tag Party ages 6 and up

Kids will have a blast in our basketball gym playing Team Nerf dart tag with their friends. Use of safety gear included!

Sports Fun & Games Party ages 6 and up

Your personal host or hostess will lead all of the favorites. Kids will play football, soccer, basketball, kickball and much more.



Kids in Motion Party ages 3 - 5

A mix of free play and organized games lead by your personal host or hostess! Parachute fun, scooters, soft tunnels, song and dance make for active fun!

Dance Party ages 8 and up

Groove to the latest dance party favorites! Your personal host or hostess will lead the Electric Slide, Cha Cha Slide, Macarena, Cotton Eye Joe, and more, all under a glittering disco ball. Games like the Limbo and Musical Chairs will keep this party moving!



Martial Arts Party ages 4 - 12

Blocks, rolls, kicks and punches are some of the skills taught by an instructor from *Anthony Quatrochi's Martial Arts Institute*. This recreational JuJitsu class is fun and instills self confidence!

Pool Party ages 6 and up

It's free swim time! Bring your suit and towel for a wet 'n wild time. Outdoor pool parties available in season.



BASIC PARTY PACKAGE

Party includes:

ACTIVITY: One hour activity in the pool, gym or studio. Choose from the parties listed at left.

REFRESHMENTS:

Served in your private party room. Each party gets two large cheese pizzas, juice boxes and pretzels (soda is provided upon request).

PERSONAL HOST or HOSTESS:

Our friendly staff will serve your guests and assist with your party. Lifeguards are always on duty at pools.

INVITATIONS

Print them from our website at your convenience.

THANK YOU NOTES

Print them from our website at your convenience.

PAPER GOODS

Birthday plates, cups, napkins, plasticware and tablecovers are provided.

Party Times:

Indoor Parties

Parties are held on Fridays, Saturdays and Sundays. Call for times and availability.

Outdoor Park Parties

Available June 1st through Labor Day. The Outdoor Park is open 7 days per week. Call for times and availability.

Relax...

**we'll do all the
work for you!**



Celebrate Your Special Moments!



Our parties make the day easy on parents and FUN for kids! Our friendly host and hostesses do all the set-up, clean-up and everything in between. With a variety of activities and all new themed parties, kids of all ages will have the party they've been dreaming of!

Basic Party Package Price

One price covers up to 15 children.

\$229 for All Sport Fishkill members

\$249 for non-members

Extras:

\$10 per additional child. \$11.50 per additional pizza.

\$100 non-refundable deposit required at time of booking. 30 days advanced booking recommended. No outside food or beverages permitted without prior permission, except for birthday cakes. Prices do not include tax or gratuity. Prices subject to change without notice.



www.allsportfishkill.com

To book a party, or for more information, call our party planner at 845-896-5678, ext. 103